

Behavioral Health and Crisis Services

FUNCTION

The mission of Behavioral Health and Crisis Services (BHCS) is to foster the development of a comprehensive system of services to assist children, youth, adults, and families in crisis or with behavioral health needs. Services incorporate evidence based or best practices along a continuum of care. BHCS works with the State's public mental health and substance abuse system to ensure children, adults, and families receive integrated treatment. Crisis Services are available twenty-four hours, seven days a week along with victim services. Victim services provide treatment for victimization that occurs in schools, home, or community. Access to behavioral health specialty services provide screening/referrals along with treatment on an outpatient basis. System Planning and Management monitors various services provided to families with public health insurance including, outpatient mental health clinics, psychiatric rehabilitation, and residential rehabilitation programs. BHCS is committed to providing culturally and linguistically competent care in the least restrictive environment.

PROGRAM CONTACTS

Contact Uma Ahluwalia of the HHS - Behavioral Health and Crisis Services at 240.777.1058 or Trudy-Ann Hunter of the Office of Management and Budget at 240.777.2778 for more information regarding this service area's operating budget.

PROGRAM DESCRIPTIONS

System Planning and Management

As the State mandated local mental health authority, this program is responsible for the planning, management, and monitoring of Public Mental Health Services for children with serious, emotional impairments (SEI), and adults with a serious and persistent mental illness (SPMI). This include persons with co-occurring mental illness and substance abuse disorders, homeless persons with SPMI, and persons with SPMI who have been incarcerated and/or are on conditional release. This program is responsible for the ongoing development of a resiliency and recovery oriented continuum of quality mental health services that provide for consumer choice and empowerment, while assuring consumers have access to clinically appropriate and cost-effective behavioral health services.

Program Performance Measures	Actual FY07	Actual FY08	Estimated FY09	Approved FY10	Projected FY11
Number of clients served in Outpatient Mental Health Clinics	1,241	1,516	1,564	1,600	1,650
Percentage of customers receiving services who report an increase in well being -Outpatient Mental Health Clinics	70	70	70	70	70

FY10 Approved Changes	Expenditures	WYs
FY09 Approved	8,225,890	18.8
Decrease Cost: Lab Services based on historical spending	-6,000	0.0
Decrease Cost: Consumer Affairs Fund	-8,000	0.0
Decrease Cost: Training in Systems Planning and Management	-11,540	0.0
Reduce: Contract services for parent and child bonding	-28,900	0.0
Decrease Cost: Abolish vacant Administrative Specialist II Position -Behavioral Health & Crisis Services (1/2 of position is in BHCS)	-34,590	-0.5
Decrease Cost: Residential Supplement based on historical spending	-35,000	0.0
Decrease Cost: Pharmacy Assistance Services	-40,000	0.0
Decrease Cost: Federal Block Grant	-204,980	0.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-344,390	-4.6
FY10 Approved	7,512,490	13.7

Notes: Miscellaneous adjustments include four workyears moved to Community Health Services as part of a reorganization and one workyear adjustment for an abolished split funded position.

Behavioral Health Specialty Services

Behavioral Health Specialty Services includes both the Adult Behavioral Health and the Access to Behavioral Health Services programs. The Adult Behavioral Health program provides a comprehensive range of mental health services including assessment, diagnostic evaluation, psychotropic medication evaluation, and medication monitoring. Individual, family, and group psychotherapy including family psycho-educational support are available, as well as case management services. Eligibility is limited to

Montgomery County residents who have a high level of acuity and are involved in multiple systems in the Community. Many of these individuals are unable to receive Public Mental Health System services or the level of care necessary to effectively stabilize their illness. This program has expanded capacity to provide services to Limited English proficiency (LEP) clients and those with specialized cultural and language needs. The Access to Behavioral Health Services program provides clinical necessity and financial assessments for consumers needing outpatient mental health services including those with a co-occurring disorder, and linkages to those eligible for the Public Mental Health System or community resources. This program also provides for Montgomery County adult residents, walk-in substance abuse assessments including co-occurring disorders and linkages to the range of services in the Addiction Services continuum. Safety Net Services, a service within Access to Behavioral Health Services, provides immediate, brief psychiatric, and case management services (16 hours a week) until those clients who are eligible for the Public Mental Health system and have been discharged from a psychiatric hospital can be linked to a community Outpatient Mental Health Clinic.

FY10 Approved Changes	Expenditures	WYs
FY09 Approved	2,786,700	22.5
Decrease Cost: Abolish a filled Program Specialist II Position at the Access to Behavioral Health Program (ABHS)	-105,740	-1.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	74,780	-0.1
FY10 Approved	2,755,740	21.4

Behavioral Health Community Support Svcs

Behavioral Health/Community Support Services is composed of three sub-programs: Community Case Management Services, Urine Monitoring Program, and Program/Contract Monitoring Unit. These programs provide: 1) case management services to Temporary Cash Assistance (TCA) clients, women who are homeless, adults incarcerated at the Montgomery County Correctional Facility, and other clients who are “high-end” users of services and involved in multiple programs within HHS; 2) urine testing services to clients referred by the courts, child welfare, the criminal justice system and others required to submit to urine surveillance or who require or request urine screening and testing; and 3) the Program/Contract Monitoring Unit monitors contract compliance for addiction and co-occurring treatment with certified providers who contract with the Department to provide detoxification, outpatient, intensive outpatient, residential halfway house, combined care, and long-term residential treatment services to enhance the quality of care available to Montgomery County residents.

Program Performance Measures	Actual FY07	Actual FY08	Estimated FY09	Approved FY10	Projected FY11
Number of persons served in Level 1 Outpatient Treatment	525	734	600	600	600
Percentage of decrease in substance abuse for patients completing treatment (Level 1 Outpatient Treatment)	84	74	68	68	68

FY10 Approved Changes	Expenditures	WYs
FY09 Approved	5,623,890	22.5
Increase Cost: Alcohol and Drug Abuse Administration (ADAA) Block Grant	1,400,300	2.9
Decrease Cost: Facility Maintenance Funds in Addiction Shelters	-15,000	0.0
Decrease Cost: Level III Addiction Treatment Services Contract	-20,000	0.0
Reduce: Behavioral Health Community Support Services- Therapist in Program Monitoring Unit	-124,850	-1.0
Shift: Temporary Cash Assistance Substance Abuse	-204,030	-2.2
Shift: CRF for Addictions Treatment	-1,260,000	-0.7
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	2,074,680	-0.1
FY10 Approved	7,474,990	21.4

Notes: Miscellaneous adjustments includes the realignment of \$2,100,000 of the Alcohol and Drug Abuse Administration (ADAA) Block Grant Funds from Outpatient Addiction Services to Behavioral Health Community Support Services.

Criminal Justice/Behavioral Health Services

Criminal Justice/Behavioral Health Services is composed of three programs: (1) Clinical Assessment and Triage Services (CATS), (2) Community Re-Entry Services (CRES), and (3) Jail Addiction Services (JAS). CATS provides assessment and post-booking diversion services within 24 hours of booking to inmates with behavioral health issues upon entry into the Montgomery County Detention Center. JAS is an intensive jail-based residential addiction treatment program for inmates who suffer with substance related disorders at the Montgomery County Correctional Facility. CRES provides court advocacy and release planning for inmates at the Montgomery Correctional Facility by assessing inmates’ behavioral health needs and coordinating services in the Community.

FY10 Approved Changes	Expenditures	WYs
FY09 Approved	2,354,830	19.2

	Expenditures	WYs
Decrease Cost: Transitional Housing Services for Mentally Ill Offenders as the program was not operational	-40,000	0.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	148,160	0.0
FY10 Approved	2,462,990	19.2

Notes: Miscellaneous adjustments includes \$28K in grant increases.

Outpatient Addiction Services (OAS)

OAS provides comprehensive and quality outpatient, intensive outpatient drug court and medication assisted treatment services to adult residents of Montgomery County, who are diagnosed with substance use disorders or co-occurring mental health and substance use disorders. Priority populations include people who are indigent, homeless, medically compromised, women who are pregnant or those with infants, individuals involved with the criminal justice system, and people with HIV/AIDS.

FY10 Approved Changes	Expenditures	WYs
FY09 Approved	5,854,770	30.3
Add: Montgomery County Adult Drug Court Capacity	300,000	0.0
Reduce: Outpatient Addiction Services (OAS) Acudetox Contract	-6,250	0.0
Reduce: Abolish Outpatient Addiction Services (OAS) Vocational Services Program Specialist	-84,360	-1.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-2,027,520	-0.1
FY10 Approved	4,036,640	29.2

Notes: Miscellaneous adjustments includes the realignment of \$2,100,000 of the Alcohol and Drug Abuse Administration (ADAA) Block Grant Funds from Outpatient Addiction Services to Behavioral Health Community Support Services.

Victims Assistance and Sexual Assault Services

This program provides information, referral, support, psychiatric evaluations, criminal justice advocacy, court accompaniment, crisis, and ongoing counseling services to persons subjected to sexual assault (exclusive of partner abuse), as well as to persons victimized by crimes in general. 24-hour outreach is provided through volunteer support to rape and sexual assault victims at hospitals and police stations, and compensation is provided to eligible victims of crime

Program Performance Measures	Actual FY07	Actual FY08	Estimated FY09	Approved FY10	Projected FY11
Percentage of adult victims of sexual assault and general crime who show a decrease in symptoms after treatment (as measured by PCL-C clinical scales)	84	85	85	85	85
Percentage of child victims of sexual assault and general crime who show a decrease in symptoms after treatment (as measured by the CRTES clinical scales)	70	81	76	77	76

FY10 Approved Changes	Expenditures	WYs
FY09 Approved	2,586,450	19.2
Increase Cost: Victims Compensation Fund Match	7,990	0.0
Eliminate: Silver Spring Courthouse Victim Assistance	-17,300	-0.7
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	36,890	-0.1
FY10 Approved	2,614,030	18.4

Child and Adolescent Mental Health Services

Child and Adolescent Mental Health Services is comprised of three components that provide or support comprehensive mental health treatment and care coordination services to children, youth, and their families that are individualized, culturally, and linguistically appropriate and administered in the least restrictive, most conducive environment. The Child and Adolescent Outpatient Mental Health Service provides assessment, psychiatric, and therapeutic treatment to children and adolescents with serious emotional impairments. The Home-based Treatment Team for Child Welfare Services provides specialized, evidence-based mobile treatment specifically for children and families involved with Child Welfare Services. The System of Care Development and Management Team collaborates with Local and State partners to plan, develop, and manage publicly-funded (State and County) mental health and care coordination services for children and adolescents. All three components are guided by the principles that services should be child focused, family driven, and culturally competent.

FY10 Approved Changes	Expenditures	WYs
FY09 Approved	3,272,960	17.3
Add: Mental Health Association, Inc. - Support N*COMMON Multicultural Mental Health Initiative	60,000	0.0
Reduce: Contract for Family and Caregiver Support Services	-30,960	0.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	79,850	-0.1
FY10 Approved	3,381,850	17.2

24-Hour Crisis Center

This program provides telephone, walk-in, mobile crisis outreach, and crisis residential services to persons experiencing situational, emotional, or mental health crises. The Crisis Center provides all services, twenty-four hours/day seven days/week. Much of the work of the Crisis Center is focused upon providing the least restrictive community-based service that is appropriate to the client's situation. Many of the services provided are alternatives to more traditional mental health services. Psychiatric crisis resources are used to prevent hospitalizations and suicides. Disaster mental health services include crisis management and consultation for disasters and community crises. The Crisis Center coordinates the mental health response during disasters and community critical incidents. During the off-hours (after 5:00 p.m., weekends, and holidays), crisis back-up services are provided for various health and human services needs when the clients' primary service providers are not available.

The Assertive Community Treatment (ACT) Team provided community-based mental health services for those individuals with the highest level of acuity. This service was transitioned to the private/not for profit sector during FY09.

The Public Inebriate Initiative is a pilot program to intervene with those individuals who are drinking on the street. It is comprised of two components. The first is outreach workers who engage these individuals on the street, or in an emergency department. The second component is sobering beds. The beds are available for up to 24 hours with possible transfer to detoxification if available.

FY10 Approved Changes	Expenditures	WYs
FY09 Approved	5,149,170	43.1
Add: Public Inebriate Team to be assigned in Wheaton	132,420	1.0
Decrease Cost: Operating budget for supplies	-19,890	0.0
Shift: Crisis Center - Assertive Community Treatment (ACT) Team	-899,800	-5.5
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-61,410	-1.1
FY10 Approved	4,300,490	37.5

Notes: Miscellaneous adjustment includes one workyear reduction as part of the RIP.

Mental Health Svcs: Seniors & Persons with Disabilities

This program provides mental health services to seniors, persons with developmental disabilities, persons with hearing impairments and individuals in a Psychiatric Crisis. Services include evaluation, treatment, outreach counseling, provider training, caretaker support, and referral services. In addition, this program provides a countywide response to screen uninsured individuals who are at risk of needing publicly funded hospitalization and who present at any of the five local emergency departments. The focus of this program is to provide the least restrictive and most appropriate community disposition possible for these individuals.

FY10 Approved Changes	Expenditures	WYs
FY09 Approved	1,934,160	11.0
Replace: Grant Funds with general fund support to cover a grant shortfall in SORT- Senior Mental Health and preserve services for 35 clients	25,430	0.0
Shift: Senior Outreach (SORT)	0	-1.0
Reduce: Services to 15 Hearing Impaired clients	-17,600	0.0
Decrease Cost: Dedicate savings from eliminated contract (Affiliated Sante) to cover the grant shortfall in SORT-Sr. Mental Health	-25,430	0.0
Decrease Cost: Contract for Mental Health Services for Persons with Developmental Disabilities and/or Mental Retardation based on historic actuals	-76,500	0.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	14,960	0.0
FY10 Approved	1,855,020	10.0

Partner Abuse Services

The Abused Persons Program is a comprehensive domestic violence program that provides community education, crisis intervention, safety planning, legal advocacy, on-going counseling, and emergency shelter to victims and families of partner-related physical abuse. Assessment and counseling are also provided to those who have been abusive towards their partners.

FY10 Approved Changes	Expenditures	WYs
FY09 Approved	3,346,210	18.8
Add: Gudelsky Foundation	15,000	0.0
Decrease Cost: Abolish a vacant Supervisory Therapist Position in the Abused Persons Program (APP)	-100,770	-1.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-8,100	0.0
FY10 Approved	3,252,340	17.8

Service Area Administration

This program provides leadership, oversight, and guidance for the administration of Behavioral Health and Crisis Services.

FY10 Approved Changes	Expenditures	WYs
FY09 Approved	601,380	3.9
Decrease Cost: Advertising expenses in BHCS Chief's budget	-6,000	0.0
Decrease Cost: Temporary Services Budget in Behavior Health and Crisis Services	-10,000	0.0
Miscellaneous adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-1,350	0.0
FY10 Approved	584,030	3.9

